

ENNEAGRAM

SELF-CONFIDENT, DECISIVE, WILLFUL, CONFRONTATIONAL, DIRECT, ENERGETIC, SUPPORTIVE, ASSERTIVE, CHARISMATIC

I respond
to injustice.



An Enneagram Eight might think:

I have a strong sense of justice and I often find myself responding to unfairness on behalf of others.

DESIRE FOR JUSTICE

I value my independence and will resist people and situations that attempt to impose control over me.

AUTONOMY

I am driven, I make decisions quickly and I like to take charge of situations.

ACTION- ORIENTED

I do not like to be seen as weak or vulnerable. I am sensitive to assumptions about my strength and capabilities.

FEAR OF WEAKNESS

I approach many aspects of my life with energy and passion. I think it's important to say what's on my mind and I wish others would do the same. I've heard from people that this can sometimes feel blunt or "too much."

INTENSE AND DIRECT

ENNEAGRAM

EASYGOING, RECEPTIVE, REASSURING, AGREEABLE, COMPLACENT, COMFORT-SEEKER, WARM, FRIENDLY, UNDERSTANDING

I go with
the flow.



An Enneagram Nine might think:

I have a hard time stating my preference clearly and often go along with another person's preferences or opinions even if I don't agree completely.

TENDENCY TO GO ALONG

I try to avoid conflict and tension. I am really good at interpreting the intention behind interactions and can easily see things from another person's point of view.

DESIRE FOR HARMONY

I often find myself delaying the start of a task, project or even a decision, especially when it feels like there is a right or wrong option.

PROCRASTINATION

I sometimes notice I'm not really paying attention or have disconnected from what is in front of me. I catch myself having internal conversations or disappearing into my imagination.

ZONING OUT

I like to think I'm easy-going so sometimes I agree to something even though something inside me feels uncomfortable - "maybe" is my best friend.

DIFFICULTY SAYING NO

ENNEAGRAM

PRINCIPLED, PURPOSEFUL, SELF-CONTROLLED, RATIONAL, IDEALIST, RIGID, CONSCIENTIOUS, DISCIPLINED, RELIABLE

I analyze
and assess.

An Enneagram One might think:



I have a voice inside that points out mistakes or ways I can be better. It's always been there so I don't really think of it as super harsh, but I suppose someone else might.

INNER CRITIC

I have really high standards for myself. I can see how things should be and I don't understand why others wouldn't want to strive for the same vision.

DESIRE FOR PERFECTION

I like things in my life to make sense, I am very organized in most areas of my life - if I say I'm going to do something, I will.

ORDER AND STRUCTURE

I believe emotions are a natural part of life but I have noticed that in moments when they become overwhelming for me, I am quick to shift my thoughts or the conversation to something that requires less vulnerability.

CONTROL EMOTIONS

Most of the activities in my life have a purpose so even when I am taking a break or relaxing, I notice I am still considering how that time is productive for me.

STRUGGLE TO RELAX

ENNEAGRAM

CARING, INTERPERSONAL, GENEROUS, DEMONSTRATIVE, PEOPLE-PLEASING, POSSESSIVE, EMPATHETIC, SUPPORTIVE, EMOTIONAL

I show people
I care.



An Enneagram Two might think:

I find myself paying close attention to others,
I love to connect with people and their stories.

FOCUS ON OTHERS

I am very thoughtful and supportive of the
people in my life and I often find myself wishing
people were more supportive of me.

CONNECTION BY HELPING

I am really good at recognizing what another
person needs but struggle to know what I need
or want. I feel frustrated when people don't see
how much I care.

RECOGNITION OF NEEDS

I am very sensitive to disconnection in my
relationships and will look for any glimpse of
external validation to counteract those
negative feelings.

FEELING UNWORTHY

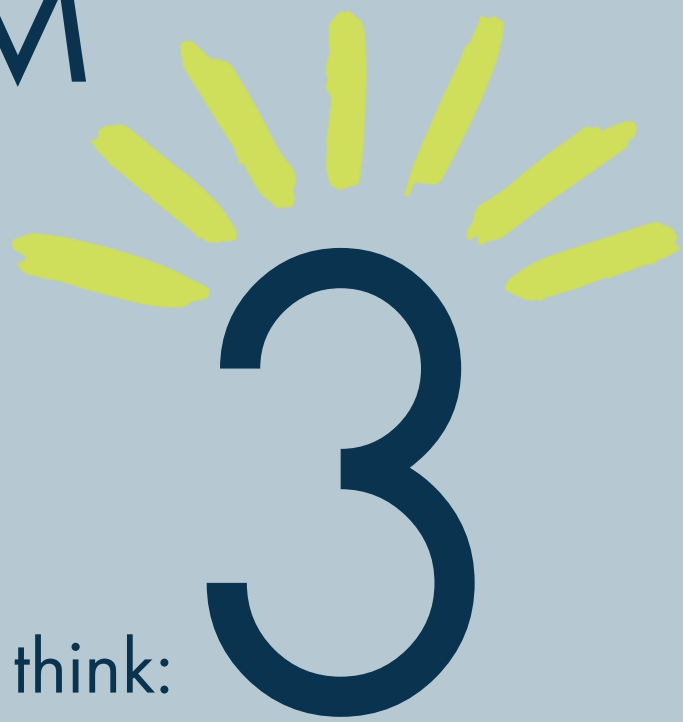
I am an emotionally sensitive person and use
this awareness to connect with others.

EMOTIONAL AWARENESS

ENNEAGRAM

SUCCESS-ORIENTED, ADAPTABLE, EXCELLING, DRIVEN, IMAGE-CONSCIOUS, SELF-ASSURED, CHARMING, COMPETITIVE, HARDWORKING

I love getting things done.



An Enneagram Three might think:

I have a strong drive to achieve and I can be quite competitive. I love seeing the completion of a task, project or to-do list.

AMBITIOUS AND GOAL-ORIENTED

I prioritize productivity and strongly dislike having my time spent inefficiently. This tendency has frequently resulted in overworking across various aspects of my life.

CONCERN FOR EFFICIENCY

Because of my desire to do well in life, I am very sensitive to failure. I prefer to examine and talk about the successful moments of my life and have been known to seek external validation for my achievements.

FEAR OF FAILURE

I am great in social situations. I am very capable of adjusting my approach to fit whatever situation I find myself in.

ADAPTABLE

I love life. I am known for my positive and upbeat demeanour. I love to cheer people on in their success and be part of uplifting communities.

POSITIVE AND UPBEAT

ENNEAGRAM

INTROSPECTIVE, EXPRESSIVE, DRAMATIC, SENSITIVE, EMOTIONALLY HONEST, CREATIVE, PERSONAL, PASSIONATE, INDIVIDUAL

I see what's missing.



An Enneagram Four might think:

I have always been creative. I love how the arts can hold the depth of my emotions when words can't capture them.

CREATIVE EXPRESSION

It's hard to put into words what I feel when I examine my own life next to anybody else's. I am very aware of anything that is missing on either side and find myself longing for what is lacking.

ALWAYS SOMETHING MISSING

I often experience intense emotions. Some people have commented that I can be moody but I find beauty and comfort in moments of melancholy and other deep emotions.

EMOTIONAL INTENSITY

I find I am often misunderstood because I am not afraid to be me - I love that I am me. Much of my inner world is focused on cultivating my individualism and seeking depth and meaning in my personal journey.

FEAR OF BEING ORDINARY

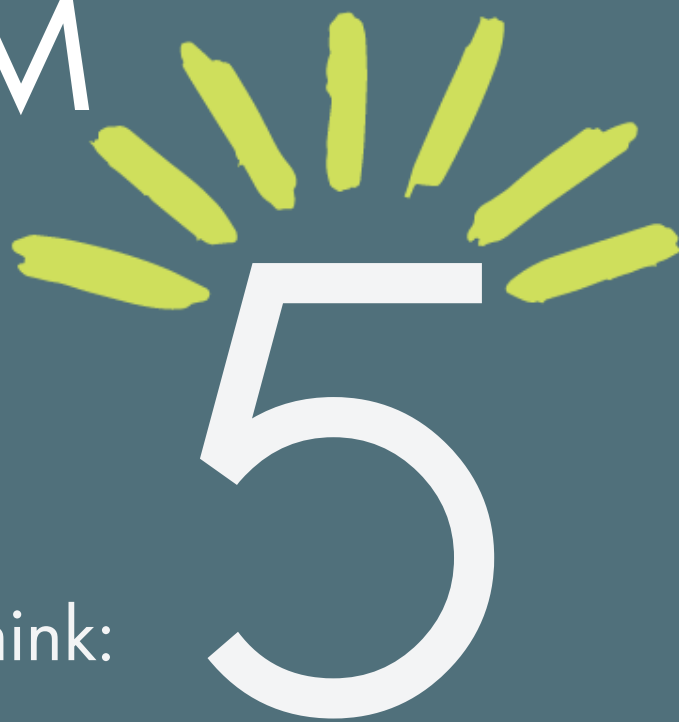
I find myself withdrawing when I am overwhelmed or feeling misunderstood. I tend to idealize relationships and can feel deeply hurt when someone isn't able to meet me where I am.

TENDENCY TO WITHDRAW

ENNEAGRAM

INTENSE, CEREBRAL, PERCEPTIVE, INNOVATIVE, SECRETIVE, ISOLATED, INSIGHTFUL, ALERT, COMPLEX

I need
alone time.



An Enneagram Five might think:

I need privacy and alone time every day to recharge and spend time with my thoughts, feelings and imagination.

NEED FOR PRIVACY

I spend lots of time thinking, pursuing knowledge, problem-solving, seeking logical solutions and strategies. I don't always realize how in-depth I've gone in a specific area of interest until someone points it out to me.

INTELLECTUAL CURIOSITY

I prefer a minimalist lifestyle, I keep to the essentials. I don't like to depend on others for support or resources.

SELF-SUFFICIENCY

I am very aware of the capacities of my time, energy and personal space and find myself withdrawing to conserve and analyze. I often find social situations overwhelming and would rather observe than participate.

BOUNDARY SETTING

My mind is my primary source of information. I do experience emotions but I am inclined to withdraw and examine them privately.

DETACHED FROM EMOTIONS

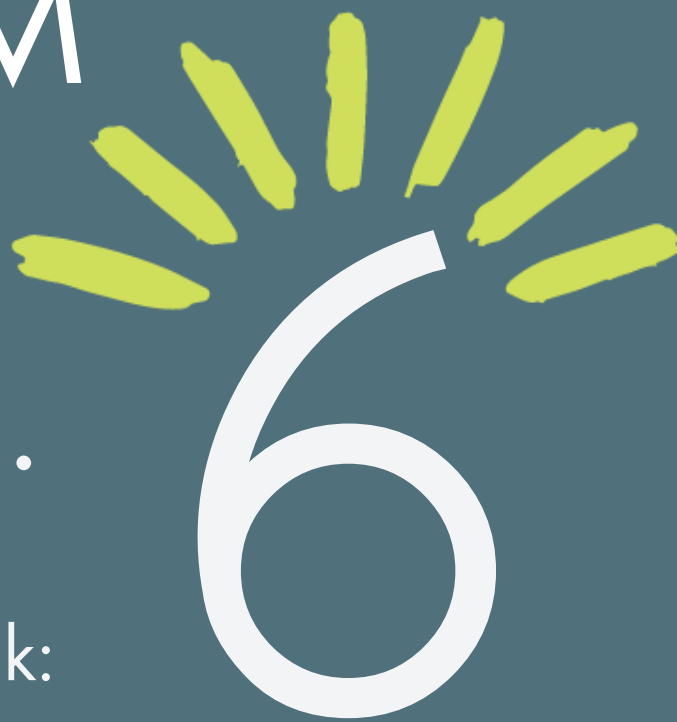


enneagram **AWARE**

ENNEAGRAM

COMMITTED, SECURITY-ORIENTED, ENGAGING, RESPONSIBLE, ANXIOUS, SUSPICIOUS, HARD-WORKING, RELIABLE, TRUSTWORTHY

I can see what might go wrong.



An Enneagram Six might think:

I feel a strong sense of responsibility towards others, especially people in my close circle.

LOYALTY

I often find myself envisioning potential problems and planning for contingencies. I have a plan, or two, for anything that may happen.

CONCERN FOR SECURITY

People have commented that I ask a lot of questions. I'm trying to make sure everything has been thought through and to calm my nagging doubts.

QUESTIONING NATURE

I have difficulty trusting people in authority when I first meet them. I feel most secure when I am able to be part of a group or community where I can share the responsibility and support.

AUTHORITY AND SUPPORT

I am ALWAYS overthinking situations, analyzing details and possibilities in an attempt to make an informed decision. I often wrestle with conflicting thoughts and emotions.

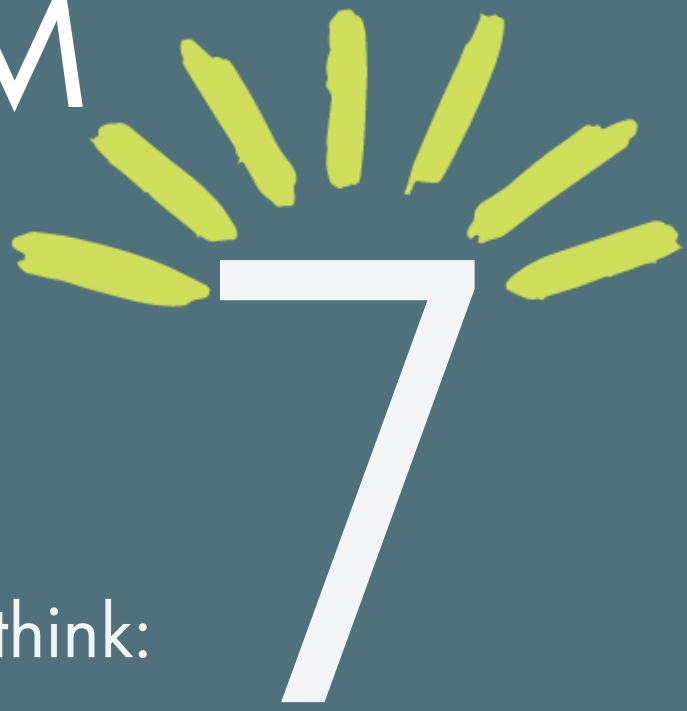
OVERTHINKING

ENNEAGRAM

BUSY, SPONTANEOUS, SCATTERED, EXTROVERTED, OPTIMISTIC, PLAYFUL, HIGH-SPIRITED, OVER-EXTENDED, ENTHUSIASTIC

I want to try it all!

An Enneagram Seven might think:



I am energetic, spontaneous and enjoy being in the midst of lively activities. I love dreaming about the future and the next adventure, excitement or new experience.

LOVE FOR ADVENTURE

I have a wide range of interests and I don't like to feel confined or restricted. Sometimes this means I avoid commitments or long-term plans, I like to keep the options open!

DIVERSE INTERESTS

I am a quick thinker, creative problem solver and often come up with innovative ideas and solutions.

QUICK AND CREATIVE THINKING

I am known for my positive outlook on life, I am upbeat and enthusiastic. I don't usually notice when things start to feel bad because I am quick to look for the bright side - why feel bad when you can feel good?

OPTIMISTIC OUTLOOK

I don't like to miss out on the fun. Because of this, I can find myself overcommitting to activities, projects or social engagements.

FEAR OF MISSING OUT