

Aware of Privacy



Intense, Cerebral, Perceptive, Innovative,
Secretive, Isolated, Insightful, Alert,
Complex

NEED FOR PRIVACY

I need privacy and alone time every day to recharge and spend time with my thoughts, feelings and imagination.

INTELLECTUAL CURIOSITY

I spend lots of time thinking, pursuing knowledge, problem-solving, seeking logical solutions and strategies. I don't always realize how in-depth I've gone in a specific area of interest until someone points it out to me.

SELF- SUFFICIENCY

I prefer a minimalist lifestyle, I keep to the essentials. I don't like to depend on others for support or resources.

BOUNDARY SETTING

I am very aware of the capacities of my time, energy and personal space and find myself withdrawing to conserve and analyze. I often find social situations overwhelming and would rather observe rather than participate.

DETACHED FROM EMOTIONS

My mind is my primary source of information. I do experience emotions but I am inclined to withdraw and examine them privately.



Ability to See Risks



Committed, Security-Oriented, Engaging, Responsible, Anxious, Suspicious, Hard-working, Reliable, Trustworthy

CONCERN FOR SECURITY

I often find myself engaging in worst-case scenario thinking, envisioning potential problems and planning for contingencies. I have a plan, or two, for anything that may happen.

QUESTIONING NATURE

People have commented that I ask a lot of questions but I'm really just trying to make sure all the avenues have been thought of and to find inner reassurance to the doubts I often feel before I make a decision.

LOYALTY

I feel a strong sense of responsibility towards others, especially people in my close circle.

AUTHORITY AND SUPPORT

I have difficulty trusting people in authority when I first meet them. I feel most secure when I am able to be part of a group or community where I can share the responsibility and support.

OVERTHINKING

I am ALWAYS overthinking situations, analyzing details and possibilities in an attempt to make an informed decision. I often wrestle with conflicting thoughts and emotions.



Keep the Options Open



Busy, Spontaneous, Scattered, Extroverted,
Optimistic, Playful, High-Spirited, Over-
Extended, Enthusiastic

DIVERSE INTERESTS

I have a wide range of interests and I can get bored easily if they feel too confining or restrictive. Because of this, I often find myself overcommitting to activities, projects or social engagements.

LOVE FOR ADVENTURE

I am energetic, spontaneous and enjoy being in the midst of lively activities. I love dreaming about the future and the next adventure, excitement or new experience.

QUICK AND CREATIVE THINKING

I am a quick thinker, creative problem solver and often come up with innovative ideas and solutions.

OPTIMISTIC OUTLOOK

I am known for my positive outlook on life, I am upbeat and enthusiastic. I don't usually notice when things start to feel bad because I am quick to look for the bright side, why feel bad when you can feel good?

IMPULSIVITY

I don't like to miss out on the fun. Sometimes this can lead me to act impulsively without considering any of the long-term consequences.

